

## HYPER SELF-HELP RESOURCES

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# NATIONALISM

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# TIPS ABOUT RADICALISATION

## IT'S A PROCESS

It is a process through which a person comes to support or be involved in extremist ideologies. It can result in a person becoming drawn into terrorism and is in itself a form of harm.

Source: NSPCC LEARNING Website: <https://learning.nspcc.org.uk/safeguarding-child-protection/radicalisation/>

## IT HAPPENS GRADUALLY

So children and young people who are affected may not realise what it is that they are being drawn to.

Source: NSPCC LEARNING Website: <https://learning.nspcc.org.uk/safeguarding-child-protection/radicalisation/>

## IT CAN HAPPEN TO ANYONE

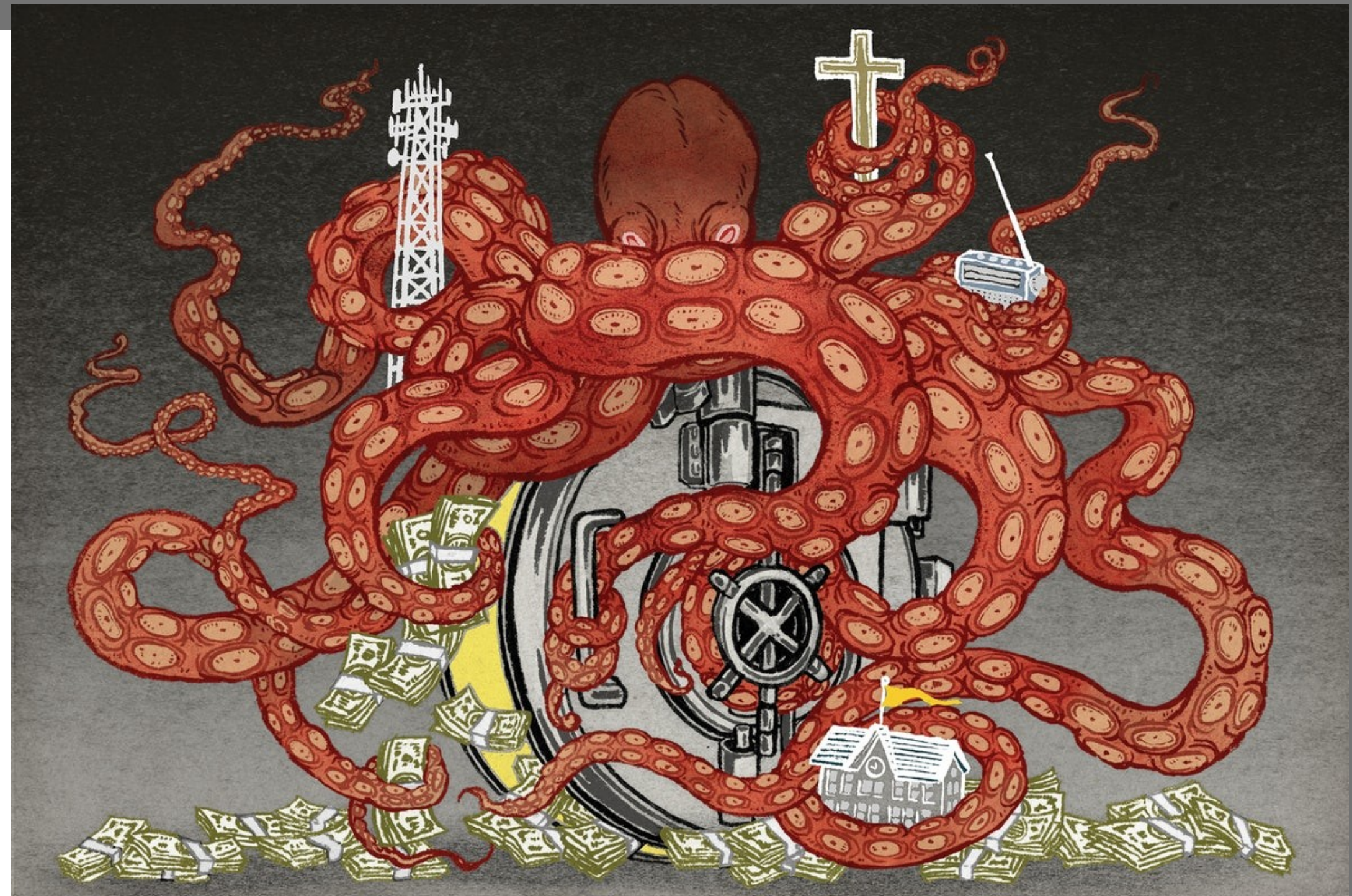
Thinking that something like this will never happen to you makes you vulnerable, since it may make it difficult for you to realize you are recruited.

# RED FLAGS OF RADICALIZATION

Behaviours and actions that signal that either you or a person close to you is being absorbed into an ultranationalist Mentality

## Feeling persecuted and threatened

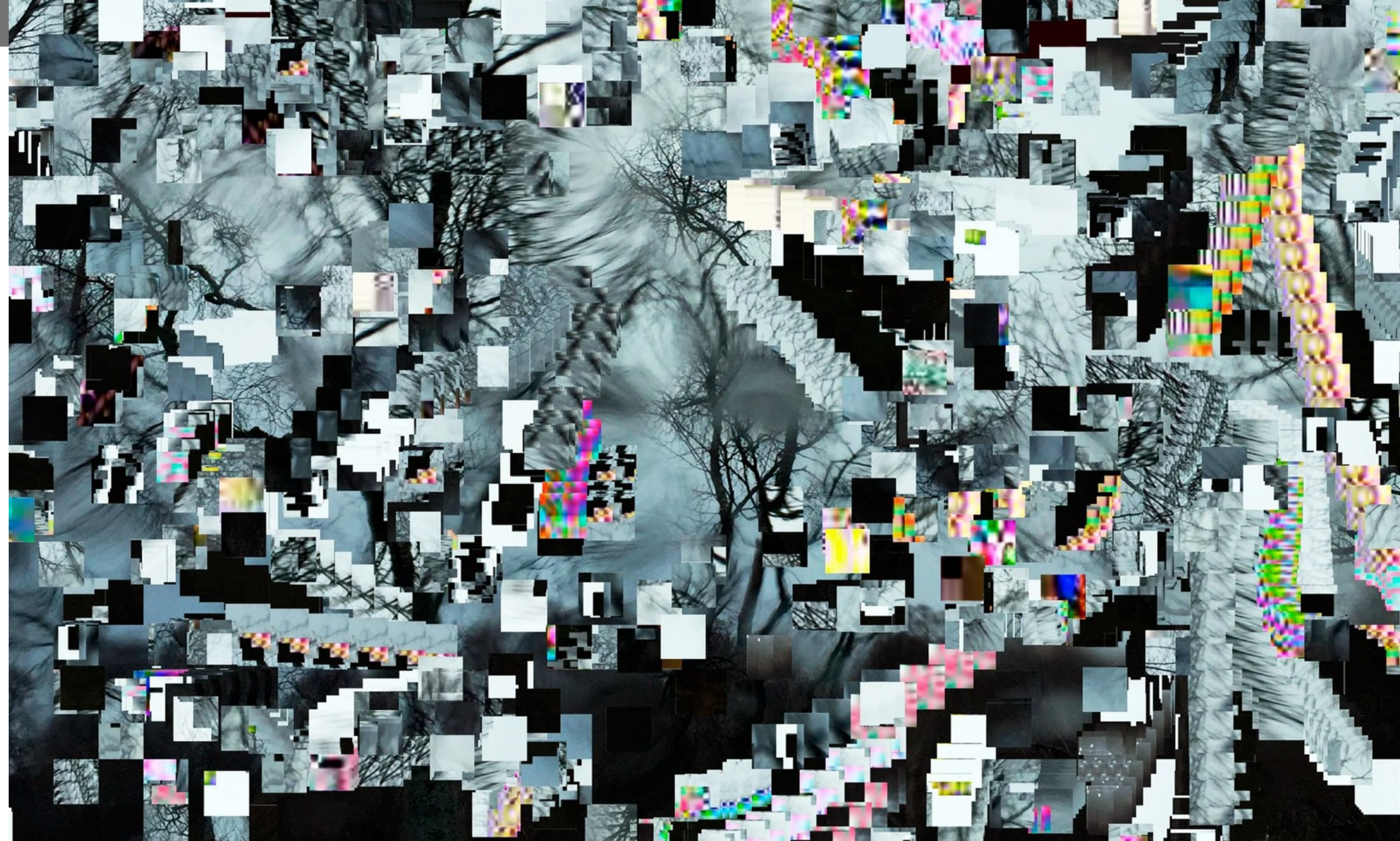
Being hostile towards people from other ethnic groups, of different religions, sexual orientation or cultural background, especially Muslims



**Ask yourself: What is the source of these views? Are there any concrete evidence to support these feelings? Who is promoting these kind of opinions and have you explored any counter-arguments to this rhetoric?**

# Reciting simplistic and prejudiced arguments about immigration and minorities

Sharing extremist or divisive views, especially on immigration, lgbt issues and Islam, on social media



Use your critical judgment and beware of simplistic, black-and-white rhetoric. Take steps to expand your mindset and experiences so that you can be in a position to better evaluate reality and developments and only after you know all the facts

## A significant change of appearance and clothing, adopting the use of certain symbols associated with far-right organisations

See their co-patriots as under threat of racial and cultural extinction and say that they have to ‘take action’

**Take steps to challenge these opinions by exploring alternative arguments and through debunking the views and ideas put forward by such groups**



# Approving or being supportive towards the use of violence

Develop affiliations with right-wing groups and organizations that are taking violent measures and promote radical approaches in regards to migrants and people of other ethnicities



**Try to motivate yourself to develop links to society and influence their way of thinking so that they find meaning in another direction, stop viewing society as black or white and pivot their energy towards constructive approaches to the community and your peers.**

# DON'T LET ANYONE CONTROL YOU

## HYPER

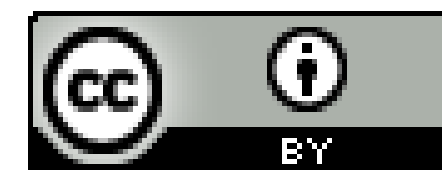
How Young People are Engaged by Radicals



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